

# 2026 Sweetheart Showcase

## High Point Gymnastics - AAU Qualifier

February 14, 2026 - February 15, 2026

### Session 1. Copper

**Saturday, Feb 14, 2026**

*48 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 10:00 AM*

*March In: 10:20 AM*

*Awards: 12:05 PM*

### Session 2. Bronze Advanced and Elite

*46 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 12:35 PM*

*March In: 12:55 PM*

*Awards: 2:40 PM*

### Session 3. Bronze Novice and 4x4

*42 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 3:10 PM*

*March In: 3:30 PM*

*Awards: 5:35 PM*

### Session 4. Silver Novice and Elite

*41 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 6:05 PM*

*March In: 6:25 PM*

*Awards: 8:20 PM*

### Session 5. Silver Advanced

**Sunday, Feb 15, 2026**

*36 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

*Awards: 10:20 AM*

## **Session 6. Gold Advanced and Elite**

*39 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 10:50 AM*

*March In: 11:10 AM*

*Awards: 1:05 PM*

## **Session 7. Gold Novice, Platinum, Diamond**

*42 gymnasts*

*Format: Modified Traditional*

*Open Stretch Begins: 1:35 PM*

*March In: 1:55 PM*

*Awards: 4:45 PM*

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